

# Sincerely SAUNDERS

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FEBRUARY/MARCH 2008

## 'Twas a Delicious Feast at the Holiday Dinner

Everyone had a wonderful time at this year's holiday dinner! Attendees enjoyed the tasty meal, family togetherness, holiday tunes by carolers, and a surprise visit by Santa, Mrs. Claus, and some elves!



Pictured clockwise from top: resident Earlene Kendrick with daughter Jean Kendrick and friends; resident Freda Jacobs with nephew Donald Mosers; resident Edna Parker with grandson Greg Parker.



## 3rd Annual Art Gallery Opening

Everyone's invited to attend the 3rd annual Saunders House art gallery opening on Friday, February 22 at 6:30 PM in the 2nd floor chapel. Light refreshments will be served, including appetizers made by the Kitchen Kapers cooking group. Featured exhibits include paper mache projects, paintings, drawings, 3-D creations, and intergenerational projects. Stop by to admire the aesthetically pleasing art made by Saunders House residents!

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## Saunders House Residents Support the Troops

During a recent intergenerational program, Saunders House residents and Friends' Central students wrote letters to the troops overseas through Operation Gratitude. The letters enhanced holiday and patriotic care packages sent to the troops. One soldier replied to Saunders House resident Jean Kendall! Here is the letter:

Dear Jean,

Thank you for the wonderful letter! It's great to hear how Americans feel about the military. I'm stationed in Kabul, Afghanistan working with the Afghan National Army Air Corp... advising them on standing up an Air Corp. I'm an Air Force Captain working in aircraft maintenance. I have been deployed since September and hopefully will return in late March or early April.

I hope your holidays are wonderful and you don't get too many snow storms! It's great to hear you're 103 years old. You must have lots of advice on dating, so please share your secrets with everyone. I enjoyed your letter, and it brought a smile to my face.

Again, thank you for the letter. It was in an Operation Gratitude care package. It's great to hear how you feel about us. I don't consider myself a hero but part of a team that believes in our freedom and way of life.

May you have many more birthdays, and tell everyone at Saunders House, "Hi."

Best wishes,  
Brian Hall



Jean Kendall celebrates 2008 with the New Year's Baby.

### 4th Floor Families:

On Thursday, February 14th from 2 to 4 PM, there will be a "Senior Prom" on the 4th floor to celebrate Valentine's Day. Family members are encouraged to attend and to help their loved one dress in a red blouse, shirt, or vest.

### Flower and Candy Grams Now Available!

Show someone at Saunders House how much you care about him or her this Valentine's Day by purchasing a flower or candy gram. The flower and candy grams cost only \$1, and proceeds benefit the Residents' Council. Flower and candy grams will be delivered on

Valentine's Day to Saunders House residents, volunteers, and staff. More information and order forms are available at the receptionist's desk. The flower and candy grams are available for purchase through February 14th.

## Get to Know Saunders House Residents: Leona Richardson



Leona, a first floor resident, moved to Saunders House about six months ago. She is originally from Milford, Delaware. Leona attended public schools in Delaware and went to college in Dover, Delaware. She moved to the Greater Philadel-

phia area after getting married and had one daughter.

Outside of the home, Leona had a successful nursing career. She enjoys helping people, reading, and working at church. Leona has traveled to New York City, Atlantic City, and the Bahamas.

People might be surprised to know that she speaks a little bit of French and that she is talented at public speaking. Leona's favorite thing about Saunders House is meeting different people, and her favorite activity is bingo.

## Get to Know Saunders House Volunteers: Sarabeth Zielonka



Sarabeth has been volunteering at Saunders House since September. She is originally from Merion and is finishing high school online. Sarabeth will be attending the University of Pennsylvania next year. She came to Saunders House because her grandmother is in an assisted living facility in Boston. Sarabeth cannot visit her grand-

mother often, so she volunteers at Saunders House to visit others' grandmothers.

Sarabeth's favorite part about volunteering at Saunders House is being able to talk to the residents and make their days more fun. Her most memorable experience has been handing out gelt at Hannukah. Sarabeth has traveled to Paris, Montreal, Spain, and Portugal. Besides school and volunteering, she enjoys ballet, reading, and hanging out with friends. Sarabeth also loves music, foreign languages, and knitting. People would be most surprised to learn that she has two dogs, one cat, and four guinea pigs.

## Upcoming Events

Family Caregiver Support Group, Tuesday, February 12 at 6 PM

Valentine's Day Tea, Thursday, February 14 at 2 PM

Traveling Store, Wednesday, February 20 from 10 AM-2 PM...details will be mailed to current families

New Horizons Senior Glee Club performance, Tuesday, February 26 at 2 PM

African American History Celebration, Wednesday, February 27 at 2 PM

Women's History Celebration: March

Un-Birthday Party, Tuesday, April 1 at 2 PM

## Shop Online, Benefit Saunders House

If you could shop your favorite online retailers while earning money for Saunders House, why wouldn't you? Go to [www.goodshop.com](http://www.goodshop.com) and select Saunders House as your charity of choice. Click on the link to one of the stores, and a portion of your purchase will go to us.

You can also help Saunders House by using [www.goodsearch.com](http://www.goodsearch.com) as your search engine. Each time you look up something on the internet, Saunders House receives a donation. Just remember to choose Saunders House as your charity.

## *Happy Birthday to . . .*

<b>Margaret Ayers</b>	<b>February 05</b>	<b>Leona Richardson</b>	<b>March 07</b>
<b>Sylvia Rosenthal</b>	<b>February 08</b>	<b>Louise Williams</b>	<b>March 08</b>
<b>Irene Kemp</b>	<b>February 09</b>	<b>Mattie Dolby</b>	<b>March 09</b>
<b>Mary Ventura</b>	<b>February 12</b>	<b>Illa Brustman</b>	<b>March 14</b>
<b>Hattie Clark</b>	<b>February 14</b>	<b>Dorothy Laytin</b>	<b>March 17</b>
<b>Beatrice Goldberg</b>	<b>February 17</b>	<b>Joan Friel</b>	<b>March 20</b>
<b>Latroche Parker</b>	<b>February 17</b>	<b>Gladys Webb</b>	<b>March 21</b>
<b>Margaret Evans</b>	<b>February 19</b>	<b>Helen Pierson</b>	<b>March 22</b>
<b>Erling Walseth</b>	<b>February 21</b>	<b>Edith Fine</b>	<b>March 23</b>
<b>Anna McKeeman</b>	<b>February 23</b>	<b>Melvin Smith</b>	<b>March 24</b>
<b>James Ohara</b>	<b>February 23</b>	<b>Hubert Smith</b>	<b>March 25</b>
<b>Layne Gordon</b>	<b>February 26</b>	<b>Charles Westman</b>	<b>March 25</b>

### **Keep Your New Year's Resolution: Volunteer**

A variety of volunteer opportunities are available at Saunders House. These include: room visits with the residents, transporting residents to activities and the beauty salon, providing musical entertainment, assisting with small group activities, playing board/card games with the residents, helping with office/clerical work, and anything else you can think of! We are also looking for motivated individuals to serve on a special event committee for an upcoming gala. For more information, please call volunteer coordinator Jody LaVerdure at (610) 658-5147, or send an email to [jlaverdure@saundershouse.org](mailto:jlaverdure@saundershouse.org).

### **Top 20 Great Reasons to Volunteer**

Help others . . . make a difference . . . find purpose . . .  
enjoy a meaningful conversation . . .  
connect with your community . . . feel involved . . .  
contribute to a cause that you care about . . .  
use your skills in a productive way . . .  
develop new skills . . . meet new people . . .  
explore new areas of interest . . . meet good people . . .  
impress your mom . . . impress yourself . . .  
expand your horizons . . . get out of the house . . .  
make new friends . . . strengthen your resume . . .  
feel better about yourself . . .  
keep your new year's resolution

**Source:** [Volunteermatch.com](http://Volunteermatch.com)