

Sincerely SAUNDERS

VOLUME IV, ISSUE NO. 5

October/November 2008

The Board of Managers

Richard W. Silliman
President

Robert E. Bergen
Vice President

John Savage
Treasurer

Davis Pearson
Secretary

Michael F. Beausang, Jr., Esq.

Mark Christmyer

A. Louis Denton, Esq.

David R. Dugery

Joslyn G. Ewart, MEd, CFP, CDFA

Richard Goldbeck

Catalina I. Hollowell

Meredith S. Jones

Charles C. King, CFA

Thomas J. Maher

Sara S. Senior

Bruce G. Silver, MD

Charles St-Maurice

Mary Anne M. Stetzer

Radclyffe F. Thompson, CFP

Elissa G. Topol, RN

William J. Grim, NHA
Chief Executive Officer

Kevin W. Jones, NHA, MEd
Chief Operating Officer

Michele M. Subers
Chief Financial Officer

CNA Roz Gore wins Ralston Award

Third floor CNA Roz Gore was this year's Saunders House recipient of the Ralston Center Caregiver Award. The award rewards the exceptional performance of eight local CNAs who care for residents in nursing homes. Roz will be celebrating her 21st anniversary at Saunders House this December. During a reception at Saunders House, she was awarded a plaque, and her name was added to a plaque that contains previous award winners. There will be another awards ceremony at the Ralston Center in October. Residents, family members, and staff all congratulate Roz for this special award!



Certified Nursing Assistant Roz Gore with CEO Bill Grim (left) and COO Kevin Jones (right).

In This Issue

Longwood Gardens	2
Get to Know Saunders House Residents	3
Get to Know Saunders House Volunteers	3
Upcoming Events	3
Resident Birthdays	4
Memory Walk	4
Senior Life & Culture Series	4
Halloween Party	4

Saunders House Residents Smell the Roses at Longwood Gardens

Saunders House hosted its first project through the United Way's "Days of Caring." Through the generosity of the United Way, we were able to take four Saunders House residents and four Bryn Mawr Terrace residents to Longwood Gardens. We couldn't have done it without the help of 12 volunteers from Yellowbook and Fox Chase Bank.

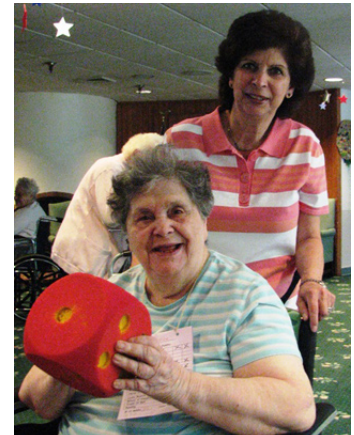


Pictured clockwise from left: Eileen Gerber with a Yellowbook volunteer smells a beautiful flower; Jean Kendall enjoys the gardens; and Mr. and Mrs. Allison are all smiles with a Yellowbook volunteer.

For the Birds and Family Fun at Saunders House



Pictured clockwise from top left: Ray Rome with a feathery friend; Ave Longley enjoys a visit from the Delco Bird Club; Sylvia Woolman plays beach ball bucket at Family Fun Day as volunteer Eddie Mulhern cheers her on; Mary Ventura and daughter Lois Martino trying their luck at the dice game; Lena Jacobson and great-granddaughter Allie Gaskin take a break from selling pretzels to have fun with balloon art.



Get to Know Saunders House Residents: Mary Jackson



Mary Jackson, a third floor resident, was born in Dansville, Virginia. After losing her mother, she moved to Philadelphia at the age of eight to live with her oldest sister. Mary attended the Hoffman School

in Philadelphia.

Mary was a careerwoman, spending her career in food service. For ten years, she was the proprietor of a restaurant called Mary's Capri.

Mary and her husband had three daughters, four grandchildren, and eight great-grandchildren.

Mary traveled to Detroit and Connecticut. Not surprising, given her career, her hobbies and interests include food and cooking.

Mary moved to Saunders House about five months ago. She enjoys the friends she has made.

Get to Know Saunders House Volunteers: Aurora Millon



Aurora has volunteered at Saunders House for four years, mostly helping with special events. Her daughter Jesse Crew, therapeutic recreation director, recruited her to help out. Aurora loves that her granddaughter, Aurora Crew, also volunteers. It is easy to see that Aurora enjoys fellowship and people.

Aurora thinks the Saunders House residents and staff are gracious, and she enjoys the great activities, especially the parties! Her most memorable experience at Saunders House was the New Year's party the first time she volunteered.

Aurora grew up in the Bronx in New York City. She went to school in the Bronx and then attended Hunter College in Manhattan.

Aurora spends her free time taking care of her house, spending time with her family, especially her grandchildren and first great grandchild, Ben. She also loves to shop, read, crochet, sew, volunteer, and travel. Aurora has traveled to Europe, New Orleans, the Panama Canal, and Canada, and been transferred from coast to coast by the Navy.

Upcoming Events

FAMILY CAREGIVER SUPPORT GROUP

**Tuesday, October 14, 2008:
6:00 PM**

HALLOWEEN FASHION SHOW AND PARTY

**Thursday, October 30, 2008:
2:00 PM**

ALZHEIMER'S ASSOCIATION MEMORY WALK

**Saturday, November 1, 2008:
9:30 AM**

FAMILY CAREGIVER SUPPORT GROUP

**Tuesday, November 11, 2008:
6:00 PM**

RESIDENT & FAMILY HOLIDAY DINNER

**Wednesday, December 10,
2008: 4:00 PM & 6:00 PM**

Help Saunders House through United Way

Do you work for a company that participates in the United Way's Workplace Giving Campaign? If you do, it's easy to help Saunders House when you give to United Way.

Saunders House is part of the United Way's Donor Choice program. Through this program, donors can direct their gifts to charities of their choice. All you have to do is write in Saunders House's Donor Choice Code: 8050.

To learn more about this and other easy ways to support Saunders House, please call Stephanie Cory at (610) 658-5145. You can also email her at scory@saundershouse.org.

Happy Birthday to . . .

Michael Balais	Oct 05	William Shinnors	Nov 04
Pauline Blank	Oct 05	Donald Campbell	Nov 06
Mary Vaughn	Oct 07	Esther Timm	Nov 12
Raymond Gannon	Oct 11	Anthony Villari	Nov 14
James Peterson	Oct 12	Harry Albert	Nov 17
Nathaniel Brown	Oct 16	Edward Freedman	Nov 25
Hildegard Weissenberg	Oct 17	Katherine Haritonidis	Nov 25
Minnie Laver	Oct 19	Sally Schweitzer	Nov 25
Elnora Herring	Oct 28	Robert Jordan	Nov 26
Gwendolyn Allen	Oct 30	Anna Graves	Nov 28
		Charles Timm	Nov 30

Memory Walk

Get your family and friends involved. Walk with the Saunders House team in the Alzheimer's Association's Memory Walk on Saturday, November 1st at Citizens Bank Park. This is a great way to show your support for Saunders House residents and others battling Alzheimer's disease and related dementias. The walk is also good exercise and fun. To learn more about the walk and joining the team, please call (610) 658-5148 to speak with team captain Rebekah Anderson. Registration forms will be available soon. There is no registration fee to participate in the walk, but donations to the Alzheimer's

Senior Life & Culture Series Kicks Off 4th Year...

The Senior Life & Culture Series is a join program for older adults that draws upon the unique strengths of Saunders House and the Walter & Leonore Annenberg Center for Medical Education at Lankenau Hopsital. Each program begins with a lecture targeted to the health and lifestyle interests of older adults. After the lecture, attendees enjoy a performance or other cultural event that relates to the theme of the day's talk. Lunch is complimentary, and space is limited. Please call (610) 658-5148 to register or for more information.

- Friday October 17th: Say Ahhh! Caring for Your Teeth
- Friday, November 21st: Memory Loss: Is It Inevitable?

Halloween Fashion Show

Saunders House's annual Halloween fashion show and party will be held on Thursday, October 30, 2008 at 2 PM. Residents, family members, volunteers, and staff are all invited to dress up and be "spooktacular" down the catwalk. Family members are encouraged to help their resident put together a costume, if possible, which can be simple as a hat.