



SAUNDERS HOUSE

MAIN LINE SENIOR CARE ALLIANCE

*CELEBRATING
150 YEARS!*

A Healthy Tradition of Care and Wellness

Occupational Therapy Gets You Back to Your Life

Today, as increasing numbers of post-hospital patients are completing their recovery in the comfort of post-hospital rehabilitation centers, they are experiencing the value and benefits of occupational therapy (OT) services. Occupational therapy is a very important component of the overall recovery and rehabilitation process, and assists individuals in returning to the things in life they most enjoy doing.

Comprehensive Occupational Therapy Services

At Saunders House, our occupational therapy services are comprehensive and address the person's needs during recovery, as well as after they return home. Their functions typically include:

- Individualized patient evaluation, during which the client/family and occupational therapist determine the person's goals
- Customized treatment programs to improve the patient's ability to perform important daily activities that are part of their normal lifestyle
- Outcomes evaluations to assess progress and ensure that the patient's goals are being met, as well as to make any appropriate modifications to the recovery plan
- Recommendations and usage training for adaptive equipment that will maximize the patient's abilities
- Guidance to family members and caregivers to enable them to provide any needed support for the patient after their return home

Serving a Wide Range of Patient Needs

Whether you're recovering from an illness, injury or recent surgery, occupational therapists can help you to regain the ability to do all the things that are important to you. They provide excellent rehabilitative care for a variety of medical conditions and needs, including, but not limited to:

- Orthopedic & Joint Care
- Pulmonary Care
- Stroke Rehabilitation



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- Cardiac Rehabilitation
- Respiratory Care
- Post-Surgical Recovery
- Wound Care

Discover Our Healthy Tradition of Care and Wellness

Located adjacent to Lankenau Medical Center, Saunders House – part of Main Line Senior Care Alliance – has a celebrated tradition of providing exceptional care and services to seniors and their families. It's a tradition we're proud to continue.

Today, Saunders House offers a range of services – including short-term rehabilitation, traditional nursing care, restorative care, memory care, respite care and specialized care for individuals with visual impairments – all in a setting that is warm, welcoming and nurturing.

For more information on Saunders House, our Short-Term Rehabilitation program and other professional services, please call us today at (610) 658-5100 or contact us online.

Disclaimer: *The articles and tip sheets on this website are offered by Saunders House and Main Line Senior Care Alliance for general informational and educational purposes and do not constitute legal or medical advice. For legal or medical advice, please contact your attorney or physician.*